

10 preschools involved in obesity intervention feasibility study

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KUCHING: Ten Community Development Department (Kemas) preschools in the state are taking part in a feasibility

study for obesity intervention project ToyBox Malaysia.

ToyBox Malaysia project leader Dr Poh Bee Koon, a Universiti Kebangsaan Malaysia (UKM) nutrition professor, said the intervention programme

originated from Europe.

"This project aims to prevent obesity in early childhood by targeting behaviours such as drinking, physical activity, snacking and sedentary behaviour.

"The study will be conducted in Kemas preschools, and in Sarawak, we are focusing on Bau and Lundu - 10 Kemas preschools have been identified for the feasibility study," she said following a courtesy call on

Minister of Welfare, Women and Community Wellbeing Datuk Fatimah Abdullah yesterday.

She said the project, which started on Jan 1, would initially involve project planning, workshop for planning and

assessing preschoolers and the local community, as well as adaptation and translation of ToyBox materials to suit local needs.

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